

# INNOVATIVE COOKING WITH PULSES



- BLISS BALL • BREAD • BROWNIE •
- BURGER • CAKE • COOKIE • CREPES
- FALAFEL • FOUL • FRIES •
- HUMMUS • ICE CREAM • MUFFIN •
- NOODLE • PANISSE • PESTO • PIE •
- PIZZA • PUREE • SALAD • SMOOTHIE
- SOUP • SPREAD • SPROUT •
- TEMPURA • WAFFLE •



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